

# Resource Card (List of Resources): Please Print

The second page of this document includes a printable Resource Card page (including 2 resource cards).

This list of resources should be printed on a color copier or printer. It can be printed easily on an 8.5x11 (letter-sized), white or light-colored card stock. After printing, it should be cut in half to make two cards at 5.5 x 8.5 inches in size.

Please place one card in every KidsLink Card Kit.

Thanks!



## Resources for Kids and their Families Fort Lewis, Washington

There are several Cadence International and MOPS ministries in your area where you can get involved.

**Cadence International** is an evangelical mission agency dedicated to reaching the military communities of the United States and of the world with the Good News of Jesus Christ. Cadence serves all branches of the U.S. military in state-side and overseas locations.

### Cadence Hospitality House at Fort Lewis

#### Christian Fellowship House

Mark Kohl  
Cadence International  
8918 Rose Rd SW  
Lakewood WA 98498-1099

(253)314-5793

mark.kohl@cadence.org

#### More Information:

Cadence International Headquarters  
1.800.396.6680  
[www.cadence.org](http://www.cadence.org)

**MOPS** stands for Mothers of Preschoolers. MOPS International exists to meet the needs of every mom. MOPS helps moms through relationships established in the context of local groups that provide a caring atmosphere for today's mother of young children.

MOPS also encourages and supports moms through books, magazines and emails.

**What is Military MOPS?** In order to attain this vision for moms who are either in the military themselves, or have a spouse in the military, MOPS International has developed the Military MOPS program. A Military MOPS group is chartered, or sponsored, by a base chapel, either domestic or international. Because of the unique situations that Military MOPS groups face by being on a military base, MOPS International has designed this program with a great deal of flexibility.

Military MOPS groups usually meet once or twice a month and often provide childcare through the MOPPETS program. The meetings vary in length but typically include time for developing relationships through teaching, discussion groups, creative activities and fellowship time over a shared meal or snack.

**More Information:** [www.MOPS.org](http://www.MOPS.org) & [www.MOPS.org/military](http://www.MOPS.org/military)

For more ministries and resources in your area, please contact your chaplain.



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